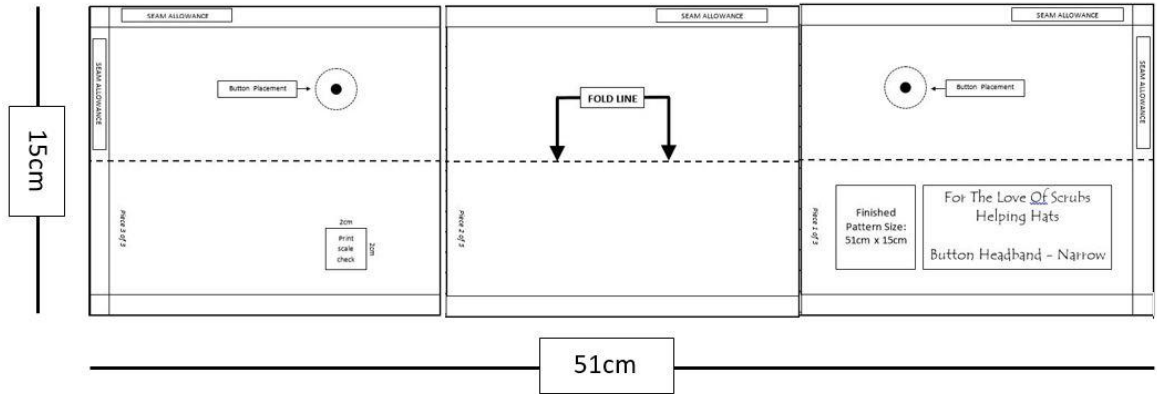
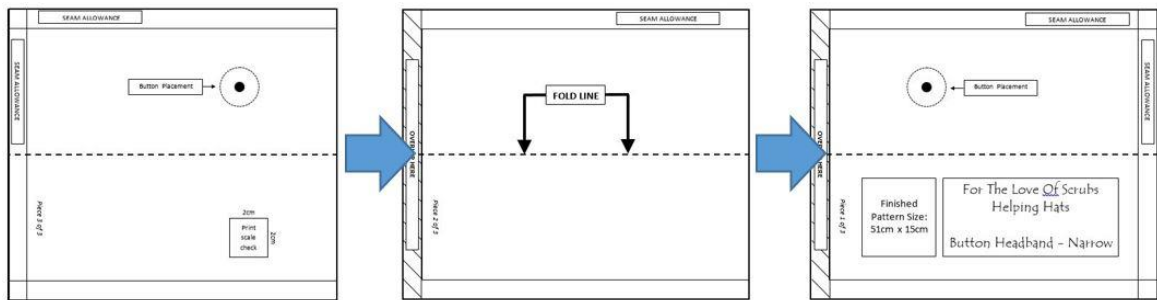


For The Love Of Scrubs Helping Hats

Button Headband – Narrow Instructions

1. Cut out and assemble the pattern. Punch out large black dots that indicate Button Placement



2. Cut out fabric, marking Button Placement on 'right side' of fabric.
3. For easy headband sewing instructions, visit this video on YouTube (Link intentionally starts 1 minute in to video):

<https://youtu.be/KUO3PviHp98?t=60>

Note: Our seam allowances are 1cm, not the quarter inch mentioned in the video

4. Move long seam to the centre of the inside so it's completely concealed from the outside view.
5. Sew buttons on securely through both layers of fabric.